

Table 68. Hypertension among persons 20 years of age and over, according to sex, age, race, and Hispanic origin: United States, 1960–62, 1971–74, 1976–80, and 1988–94

[Data are based on physical examinations of a sample of the civilian noninstitutionalized population]

<i>Sex, age, race, and Hispanic origin¹</i>	<i>1960–62</i>	<i>1971–74</i>	<i>1976–80²</i>	<i>1988–94</i>
Percent of population				
20–74 years, age adjusted				
Both sexes ³	36.9	38.3	39.0	23.1
Male	40.0	42.4	44.0	25.3
Female ³	33.7	34.3	34.0	20.8
White male	39.3	41.7	43.5	24.3
White female ³	31.7	32.4	32.3	19.3
Black male	48.1	51.8	48.7	34.9
Black female ³	50.8	50.3	47.5	33.8
White, non-Hispanic male	---	---	43.9	24.4
White, non-Hispanic female ³	---	---	32.1	19.3
Black, non-Hispanic male	---	---	48.7	35.0
Black, non-Hispanic female ³	---	---	47.6	34.2
Mexican male	---	---	25.0	25.2
Mexican female ³	---	---	21.8	22.0
20–74 years, crude				
Both sexes ³	39.0	39.7	39.7	23.1
Male	41.7	43.3	44.0	24.7
Female ³	36.6	36.5	35.6	21.5
White male	41.0	42.8	43.8	24.3
White female ³	34.9	34.9	34.2	20.4
Black male	50.5	52.1	47.4	31.5
Black female ³	52.0	50.2	46.1	30.6
White, non-Hispanic male	---	---	44.3	25.0
White, non-Hispanic female ³	---	---	34.4	20.9
Black, non-Hispanic male	---	---	47.5	31.6
Black, non-Hispanic female ³	---	---	46.1	31.2
Mexican male	---	---	18.8	18.0
Mexican female ³	---	---	16.7	15.8
Male				
20–34 years	22.8	24.8	28.9	8.6
35–44 years	37.7	39.1	40.5	20.9
45–54 years	47.6	55.0	53.6	34.1
55–64 years	60.3	62.5	61.8	42.9
65–74 years	68.8	67.2	67.1	57.3
75 years and over	---	---	---	64.2
Female ³				
20–34 years	9.3	11.2	11.1	3.4
35–44 years	24.0	28.2	28.8	12.7
45–54 years	43.4	43.6	47.1	25.1
55–64 years	66.4	62.5	61.1	44.2
65–74 years	81.5	78.3	71.8	60.8
75 years and over	---	---	---	77.3

--- Data not available.

¹The race groups, white and black, include persons of Hispanic and non-Hispanic origin. Conversely, persons of Hispanic origin may be of any race.

²Data for Mexicans are for 1982–84. See [Appendix I](#).

³Excludes pregnant women.

NOTES: A person with hypertension is defined by either having elevated blood pressure (systolic pressure of at least 140 mmHg or diastolic pressure of at least 90 mmHg) or taking antihypertensive medication. Percents are based on a single measurement of blood pressure to provide comparable data across the 4 time periods. In 1976–80, 31.3 percent of persons 20–74 years of age had hypertension, based on the average of 3 blood pressure measurements, in contrast to 39.7 percent when a single measurement is used.

SOURCE: Centers for Disease Control and Prevention, National Center for Health Statistics, Division of Health Examination Statistics. Unpublished data.